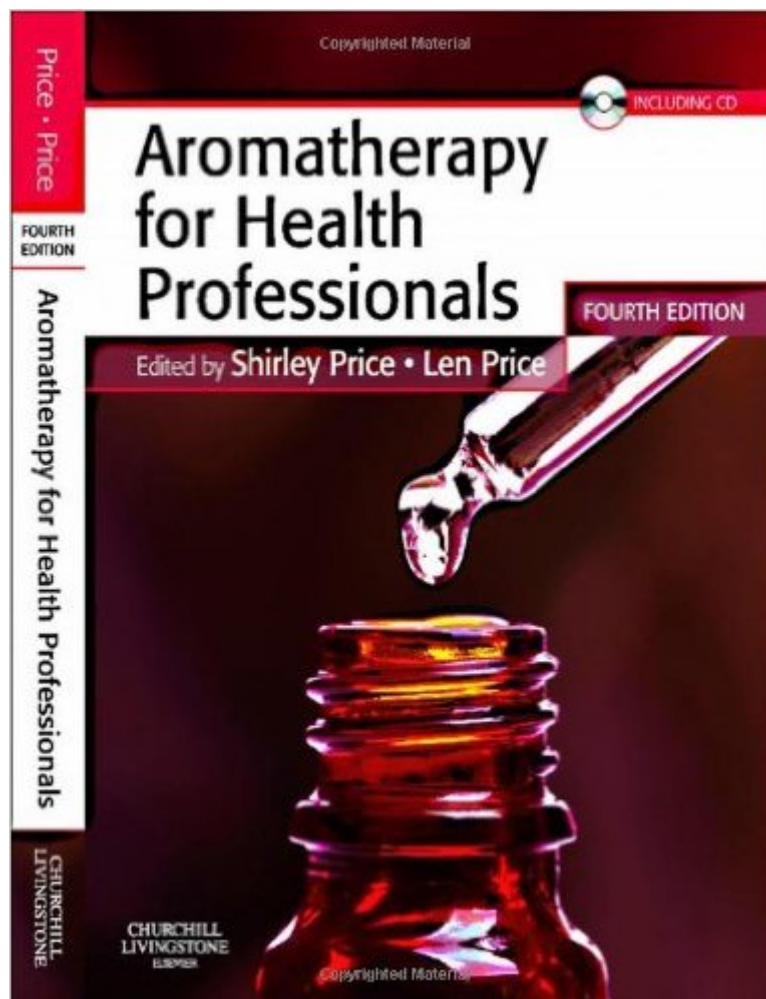


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# Aromatherapy For Health Professionals, 4e (Price, Aromatherapy For Health Professionals)



## Synopsis

Aromatherapy for Health Professionals<sup>®</sup> covers the full spectrum of theory and practice from essential oil science and the foundations of practice to the application of aromatherapy for specific conditions. The fourth edition of this highly successful book provides a clear and authoritative introduction to aromatherapy as practiced in modern health care settings. It gives valuable information for any health professional wishing to develop their understanding of the subject, providing the in-depth knowledge needed to use essential oils in the practice environment. **NEW FOR THIS EDITION** \* Two new chapters – “Wound Care and Bereavement” – provide valuable additions to the text \* The chapter – “Aromas, Mind and Body”™ has been enhanced \* Several new essential oils – “giving properties, indications and cautions” – have been added \* New case histories illustrate the practical application of theory and techniques described \* References have been updated and new research added The book is supported by a CD-ROM of ancillary tables covering essential oils for general use in health-care settings including indications for safe, therapeutic uses of essential oils; those to be used with caution; and essential oil definitions.

## Book Information

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## Customer Reviews

Unbeknownst to most, the use of essential oils is common in the world of European medicine. It's featured in their hospitals and makes its way to the prescription pads of medical doctors.

Unfortunately the U.S. gives no credence to the use of essential oils and in an effort to ensure that it

has very little chance of ever succeeding as an alternative method for medicine, the U.S. has standards which allow a manufacturer to have only 2% of AN essential oil in the bottle in order to call it "pure." As such, there's a great deal of chicanery practiced in this industry in the U.S. IF you want to learn about medicinal quality essential oils and you really want to know of their proper uses in your life, this is definitely one of those "must have" books. This is literally one of the reference books you could expect to see inside the European hospitals and their medical education programs. It is frequently used as a quick reference. The vast amounts of testing data and research references in this book alone make it well worth the price. Get ready for an eye opener that you can actually rely on.

I have a nice collection of Essential Oils reference books and resources, so thought long and hard before purchasing this book for the price. Serious aficionados, clients, students and researchers get tons of educational value for every dollar spent, including regulatory and cultural practices in global context. Some language challenges pronunciation, but is understood in context or with a quick look-up. The breadth and depth of practice is refreshingly contemporary, with sections discussing essential oils to be used with caution (which, when and why), treatment applications in learning difficulties, mental, and physical considerations from birthing process, elder special needs, and wound care from hospital to palliative care settings. Appendices and glossary of resource websites are rich territory. I'm very pleased with this book, and the editors!

It's a good book. British RNs are the authors. Well written. Better than any of the books published by the essential oil companies (and I am a rep for one of those companies :-). Broad in content, covering pregnancy, ICU, massage, etc. Also, broad in its coverage of many oils, both common and rare. Narrow in its scope of research because there's not much research to begin with. Some case studies were very helpful. Others were too small in size and scope to rely on. The tables and charts that are on the CD Rom are helpful, as are the tables and charts in the book itself. It's a nice start to providing and codifying scientifically supported data about essential oils use in the health care environment. As a former medical librarian, I would recommend this book for medical libraries, and probably public library collections as well.

Although this book is clearly written for use in the UK, it's material is also good for general knowledge in other areas as well. The CD that is included in the book has some good information on it such as indications of usage of EO's, cautions and other good information. It might seem a bit

deep in some ways for the lay person, but for medical people it is interesting on how it goes into more depth in how the EOs interact more on the cellular level. It is a good reference book.

As a newcomer to therapeutic properties of essential oils, I found this book to be very useful in defining the chemistry of the oil derivatives, to include not only therapeutic-grade essential oils, but hydrosols and floral waters as well. I found the CD, however, to be clumsy and time-consuming to use and hope the authors will redress it, on-line perhaps, with an easier interface that quickly searches and scans through the plant database to search by chemotype or medical condition.

This is in my top two books for aromatherapy (The other one is Aromatherapy Science A guide for healthcare professionals by Maria Lis-Balchin) If you're a novice who doesn't know medical terms, you'll find this book a bit too deep. Other than that, this is a great reference book.

I was so happy to use a book discount offer to finally buy this book off my wish list! Coming to the table with several decades of experience and background in herbal medicine and nursing, I have been utterly appalled at some of the stuff I've heard coming out of MLM EO distributors' mouths. By increasing my personal knowledge of the science behind Aromatherapy I hope to become an even better influence out there in a world of marketing hype and misinformation. The book was on my wish list because I appreciated the author's style and how she organized the book. I am also interested in Mind/Body applications and wish to avoid slogging through the subjective "Spiritual" rhetoric that is often attached to the use of "natural" substances. I will come back and expand this review after I have had more time to study it.

Very in-depth guide into aromatherapy and can help those looking to learn about the effect of essential oils upon the body and senses. I have only an introductory experience with them at this time but have already found multiple truths to the text and verified them in my own life.

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